

# RUGBY CROSS COUNTRY RESULTS

Minot Mouse River Local, Friday, September 1, 4:00 p.m.  
Site - Optimist Soccer Complex - Minot, ND

## Varsity Girls (5000 Meters) 61 runners

Tristin Lunde - 4th place - 20:20  
Quinn Neppi - 9th place - 21:09  
Ellie Duchscherer - 12th place - 21:17  
Karsyn Hager - 14th place - 21:51  
Anni Stier - 24th place - 23:41

Anna Clements - 34th place - 24:24  
Braelynn Oppen - 35th place - 24:32  
Emily Salwey - 39th place - 25:01  
Dessa Denich - 57th place - 29:31  
Kristina Brossart - DNF

Team Results: 1. Minot - 25, **2. Rugby - 63**, 3. Southern McLean - 109, 4. Surrey - 157, 5. Watford City - 200, 6. Bishop Ryan - 209, 7. Stanley - 217, 8. Parshall - 232, 9. Max/Garrison/South Prairie - 245, 10. Minot Ramstad - 264, 11. White Shield - 313

Individual Winner: Abby Hoffarth - Minot - 19:35

## Varsity Boys (5000 Meters) 81 runners

Riley Zachmeier - 7th place - 17:23  
Kadin Neppi - 12th place - 17:57  
Dawson Schepp - 13th place - 17:59  
Cole Wentz - 18th place - 18:54  
Kyler Odden - 22nd place - 19:09

Warren Walker - 29th place - 20:01  
Landon Rost - 32nd place - 20:11  
Trenton Sanford - 80th place - 29:14  
Jacob Arnold - DNF

Team Results: 1. New Town - 19, 2. Minot - 67, **3. Rugby - 72**, 4. Southern McLean - 195, 5. Burke Central - 217, 6. Watford City - 227, 7. White Shield - 263, 8. Max/Garrison/South Prairie - 266, 9. Bishop Ryan - 277, 10. Stanley - 305, 11. Surrey - 306, 12. Parshall - 372

Individual Winner: Jalen Chase - New Town - 15:40

## Middle School Girls (3000 Meters) 41 runners

Mykell Heidelbaugh - 7th place - 12:50  
Kendyl Hager - 18th place - 14:20

Mikaylee Livedalen - 24th place - 14:42  
Tessa Sobolik - 31st place - 16:08

Team Results: 1. New Town - 31, 2. Minot Ramstad - 106, **3. Rugby - 122**, 4. Southern McLean - 129, 5. Surrey - 130, 6. Minot Jim Hill - 151, 7. Parshall - 169, 8. Max/Garrison/South Prairie - 178, 9. Minot - 188, 10. Stanley - 195

Individual Winner: Emma Wheeling - New Town - 12:07

## Middle School Boys (3000 Meters) 42 runners

Logan Harner - 8th place - 12:12  
Ridley Odden - 18th place - 13:13

Erik Foster - 27th place - 14:02

Team Results: 1. Minot Jim Hill - 28, 2. Max/Garrison/South Prairie - 98, 3. Southern McLean - 125, 4. New Town - 126, **5. Rugby - 140**, 6. Surrey - 143, 7. Minot Memorial - 152, 8. Watford City - 172, 9. Stanley - 180, 10. Minot Ramstad - 184, 11. Burke Central - 203, 12. Bowbells - 215

Individual Winner: Ashton Yellowbird - Max/Garrison/South Prairie - 11:40